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WELCOME TO SHNAT NETZER!

Dear soon-to-be-Shnatties, Shalom!

Welcome to Shnat Netzer!

Inside this booklet *(choveret)* you will find all the nitty-gritty information you need to know before you board your plane and come to Israel to start Shnat Netzer. Included are: a calendar of program *(tochnit)*, program details, packing lists, holiday and vacation *(chofesh)* times, security information and more – all designed to help you prepare for the journey.

To begin with, I am Orit Sagi, Director of Shnat Netzer for Netzer Olami, the global youth movement of Progressive and Reform Judaism. There are 16 branches of Netzer all around the world, each running their own activities, seminars, educational programs, summer and winter camps and more.

Once you are in Israel, I will be the person directly responsible for you and the program. I work with a dedicated Shnat Netzer staff (*tzevet*) and we are here to ensure that you have a fantastic, safe and exciting experience.

We also work closely with the local Netzer branches (sniffim) throughout the year.

If there's anything else you or your parents need to know before your departure, please do not hesitate to contact us or your local Netzer branch (for North Americans, please contact us directly).

Together, we are here to help and answer any questions you may have in order to make your experience on Shnat as positive as possible. All contact details are included later on in this *choveret*.

Please make sure to read all the information enclosed as thoroughly as possible.

We very much look forward to seeing you in Israel and kicking off the program together.

See you soon, or Lehitraot as we say in Israel!

Sincerely,

Orit and Shnat Netzer staff



ABOUT US

Netzer Olami is the global youth movement for engaging youth and young adults in Progressive and Reform Judaism. With 16 branches around the world, we strive to empower and educate youth and young adults with a meaningful Judaism that reflects their individual beliefs and values, and forms the stepping stones for leading Progressive Jewish lives.

Shnat Netzer is our flagship gap year program, operating for more than two decades for hundreds of participants from the UK, Australia, North America, Europe, Latin America, the Former Soviet Union and more.

We operate under the auspices of the World Union for Progressive Judaism (WUPJ) which oversees and supports regional growth of Progressive and Reform Judaism around the world. Our Israel programs are also supported in part by Masa Israel Journey, a joint project of the Government of Israel, the Jewish Agency for Israel and its partners.

For more information, click through to read more:

About Shnat Netzer
About Netzer Olami
About the WUPJ
About MASA Israel



ABOUT THE PROGRAM (TOCHNIT)

** Details below subject to change.

Shnat Netzer is the flagship gap year Israel program from the global Progressive Jewish Youth Movement – Netzer Olami. It is run in cooperation with the World Union for Progressive Judaism and MASA Israel.

Please note: Due to COVID-19, activities and schedules of the program are subject to change per the guidelines of the relevant authorities. Netzer Olami will do its best to preserve the content, aims, and spirit of the program.

DATES

February - June 2021

* with optional add-ons to extend the program with custom programs.

PRICE

\$10,000 USD; scholarships are available.

Price including food, commendation, health insurance and travel in Israel.

Price not including flights or spending money during vacations.

PART 1: DISCOVERY

Live in Jerusalem, make new friends from around the world, and travel around Israel to explore historical, political, cultural, and social issues. Meet the change-makers, thought-leaders, activists, and educators working to improve Israeli society and be a part of the Institute for Youth Leaders (Hebrew: Machon Le'Madrichei Chutz La'Aretz), a leading training program of the Jewish Agency for Israel.

The Machon is a hub of global Jewish leadership training designed for young leaders from around the globe. At the Machon, you will be living in close proximity to other Shnat participants from diverse Jewish backgrounds, learn together, and build your own shared community. Activities at the Machon take place within an open and pluralistic environment that enables participants to learn from each other and create a networked community of change-agents for local and global action. Since 1946, the Machon has been training high school graduates, active in Zionist youth movements, who want to influence the future of the Jewish world. Graduates of the Machon can be found in key leadership positions throughout Israel and the Jewish world.

During this part of shnat, your days will be packed with activities - including classes and workshops that incorporate the values of Progressive Judaism and Progressive Zionism in a non-formal way. You will be learning for the sake of learning; you will face challenges to your ideas and thoughts as we explore different issues facing Israel, the Jewish people, and our world in general. Some of your sessions will also be peer-led requiring you, on your own or with your peers, to investigate and lead discussions on key issues that you have selected to address, or identified as needing further exploration by the group. Other day time activities include tours and meet ups; evenings and most weekend are your free time.

Examples of classes and workshops:

Morality in Judaism, Hebrew language, Jewish identity, Zionism, leadership practice, Political economies and social inequality, "Jewish bookshelf", the greatest Jewish ideas, the Israeli-Palestinian conflict, community building, Israeli culture, project management, and social activism.

To learn more – click here.

PART 2: ACTION

During this period, you will live in the city of Haifa putting into practice everything you learned about in Jerusalem. You will integrate deeper into Israeli society as you experience social, cultural and political issues first-hand through meetings, workshops, tours and volunteerships with Israelis working in community and social action projects across the city that improve the lives of Haifa's residents.

You'll put your Hebrew language into practice here, living in a flat in the city and meeting up with your peers from Noar Telem, Israel's Reform Youth Movement, on their gap year program, and with host Israeli families. Three times a week you will volunteer in small groups or individually putting in to action the ideology of Tikkun (repair) and your own passion for change. Volunteer opportunities vary from year to year but generally include teaching English in a local school or kindergarten; working with food salvage organizations, packing food in a food bank or soup kitchen; empowering youth at risk through sports; researching for the city's central LGBTQ center; Jewish-Arab community center; and leading activities in the Reform community in Haifa with Noar Telem. We work with you to find the best match for your strengths and interests.

In addition to volunteering, you will have two educational days a week where you will dive into deep learning about social change, traveling around the city to meet with local change makers and run peer-led activities and trips with the assistance of our trained staff.

Your days in Haifa will be jam-packed but again, your evenings and most weekends will be free.

SEMINARS AND TRIPS

Throughout the program, you will participate in themed seminars and trips. You will be expected to contribute to the planning and running of these seminars as part of your ongoing leadership (hadracha) training. Seminars serve to deepen your understanding of given topics and many present the opportunity for encounters (mifgashim) with Israelis.

Examples of Seminar and trips

Jewish identity
Tiyulim (Trips)
Community seminar
Israeli-Palestinian conflict & hope seminar
Tikkun Olam Seminar
Poland trip

Important dates

February 3-6, 2021 February 7 – May 13, 2021 March 27 – April 4, 2021 May 14 – June 14, 2021 June 15 – June 17, 2021 Orientation weekend
Part 1: Discovery | Jerusalem
Pesach Vacation
Part 2: Action | Haifa
Closing Seminar

ADD ONS

Shnat Netzer 2021 will feature extension programs so you can dive deeper into those issues that you care most about – in Israel and around the world. This is an optional addition where you can choose your program add on for yourself; prices for the additional programs vary.

We are constantly expanding options for add ons, working with partner organizations or placing Shnattim individually. We invite you to work with us directly to build your experience, and visit our website for updates.

Current options include:

- Serve as an educator (*madrich*) in one of Netzer's Progressive Jewish summer camps around the world, including Germany, UK, France, Panama, Australia, South Africa, Brazil and more;
- Gain invaluable insight into our global movement, interning in one of the World Union's 1,200 Progressive Jewish congregations around the world;
- Provide humanitarian aid with Project TEN, a project of the Jewish Agency for Israel that brings young adults from around the world to developing countries for sustainable Tikkun Olam projects;
- Undergo emergency training and serve alongside first responders from Magen David Adom (MDA);



HEALTH AND SAFETY

Nothing is more important than your safety and security. Itineraries are reviewed daily to avoid exposing you to any situations of concern. The Shnat Director and all staff (*madrichim*) are trained in health, safety and security issues, and are familiar with the personal/medical histories of every participant in the group. If necessary at any point during the year, Shnat staff reserves the right to refer participants to professional care.

Upon arrival, all Shnattim will participate in a multi-faceted orientation. All program security, rules and regulations and health matters will be clearly reviewed and are expected to be followed and upheld by participants.

MEDICAL FORMS

As part of the application package, you will be asked to submit detailed health forms to be signed by your general physicians and your parents. We cannot stress strongly and often enough that providing us with full medical and psychological profiles will help safeguard your health and well-being while in Israel. Withholding any medical information could endanger you and might prevent you from getting proper treatment while in Israel.

It is imperative that we receive an accurate and full report of your past, current, and potential physical or psychological health. Whenever possible, every attempt will be made to accommodate participants with health challenges — each case treated on an individual basis. Lack of pertinent information regarding your emotional or physical health can be detrimental to you and prevent staff from properly supporting you and responding to your needs in the best way.

Failure to disclose information which would lead to the inability of Shnat Netzer staff to fulfil their duties of care, will be considered a breach of discipline of the program and will be dealt with accordingly.

SICKNESS AND ACCIDENT INSURANCE

The cost of the program includes enrolment in an Israeli health insurance plan. The membership entitles you to treatment (doctors, hospitals, tests, medicines, etc.) in Israel free of charge, in most instances. The main advantage of this insurance is that unlike other insurance companies, you do not need to claim your money back, rather, you do not pay. Each of you will be issued a card that you must carry with you at all times. This card allows you, in an emergency, to call the insurance company who will immediately tell you where the nearest place to receive treatment is. You do not need to lay out any money, you simply present the card, and the insurance company deals with the rest. This allows each of you to receive immediate treatment without having to worry about laying out money and then claiming it back.

In addition to medical coverage, the program also provides third party liability insurance. The insurance does not cover the costs of pre-existing conditions, continuing illness, dental work, psychiatric treatment, physiotherapy, eyeglasses, and medications such as allergy shots or illness resulting from substance abuse or body alteration. Netzer has ready access to a wide range of reputable, English-speaking health practitioners

(including orthodontists, dentists, psychologists and psychiatrists) who can be consulted privately for conditions not covered by the Israeli health plan and will be at the participants own cost.

If you choose to visit a private doctor or hospital in Israel, you will have to pay them directly. In Israel, the cost of private medical care without insurance is very high. We strongly encourage keeping your home-country medical insurance membership in the event that treatment must be continued at home. Please note, that if you plan to leave Israel during the program, for example during vacation periods, you are not covered by Netzer insurance.

We highly recommend if you want to have more thorough medical coverage, or if you want your personal belongings insured, you should take out your own policy. Netzer Olami and the international *snifim* are not responsible for medical fees incurred from pre-trip chronic or pre-existing conditions or complications related to these conditions. If you would like a copy of the Emergency Medical coverage that is provided, please ask your local Netzer *snif*.

You must apply for health insurance by completing a medical form. Acceptance is not automatic or guaranteed. The insurance company reserves the right to deny coverage to a participant. If this is the case, you will be required to come with your own medical insurance from home at your own expense. Having health insurance coverage is required for all participants. Participation in the Netzer Shnat program is conditional on having valid, full health insurance coverage

MEDICATIONS AND PRESCRIPTIONS

If you take special medication(s), we ask that copies of all relevant prescriptions be brought with you. While most medications can be replaced in Israel with a formal prescription, not all drugs available abroad are available in Israel. Note that prescriptions are dispensed in Israel by reference to generic (chemical) formula and not by brand name. Medicines containing habit-forming drugs should be identified and you should bring a prescription or letter from the doctor stating that such medicine is being used under a doctor's direction and is necessary for your well-being while abroad.

We strongly recommended that you bring a sufficient supply of the required medicine to last the entire duration of Shnat. These can be stored at the Netzer office.

Please note that replacing medication in Israel for pre-existing conditions will be at your own expense.

COVID-19

COVID-19 is highly contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments, and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The Shnat Netzer Staff has put in place preventative measures to reduce the spread of COVID-19, based on the instructions and regulations of Israel's Ministry of Health and other relevant authorities in Israel.

Shnat Netzer is under the supervision of MASA Israel Journey, a part of the Jewish Agency for Israel. As such, it is fully integrated into the safety and security framework and provisions of the Jewish Agency. We will update the Shnatties about any changes to the guidelines or restrictions to the program related to COVID-19, it is the responsibility of the Shnat participant to: follow the guidelines; update program staff in the event

that you suffer from any symptoms that may be related to COVID-19; report any changes in your health to program staff.

The Shnat Netzer medical insurance covers cases of COVID-19 but, as mentioned above, insurance does not cover the costs of pre-existing conditions. Therefore, if you will arrive in Israel exhibiting COVID-19 symptoms, it will not be covered by insurance and treatment will be at your own expenses.

When arriving in Israel, you may be required to spend 14 days in quarantine before starting the program. At this time, it has not yet been decided whether the quarantine period, if taking place before the beginning of the program, will be included in the program cost or whether an additional payment will apply. To the extent that there is a demand for additional payment, the payment will be subject to prior notice before flying to Israel. And in such cases, we will discuss payment options.

SPECIAL MEDICATIONS

If special medications are prescribed for you, please bring a copy of the prescription with you. **Under no circumstances should medications be mailed to Israel.** If you need to refill a prescription, please speak with the Netzer office in Israel.

ALLERGY / INSULIN SHOTS

If you require allergy or insulin shots, be sure to bring the serum with you and inform the staff; we will assist in arranging for its refrigeration if necessary. Injections of medications for chronic conditions are not covered by Netzer's health insurance plan. You will be responsible for any fees incurred both for the administration of the shots and transportation to and from the clinic.

TRAVEL INSURANCE

Netzer Olami and Masa Israel Journey/ the Jewish Agency cannot take any responsibility for your personal items and baggage, or any additional medical cover that may be required, and cannot act as the insurers for these programs.

EMERGENCY TREATMENT

In the event that you require emergency hospital treatment (including operations) we will do our very best to contact your next of kin from your medical form unless requested not to. However, we reserve the right to make decisions without contacting this person should this prove necessary. Signature of a parent/guardian on the consent forms for the program is considered acceptance of this term.

IN CASE OF ILLNESS

If you do not feel well, you must first notify a member of staff. If the condition does not improve quickly, you will either see a doctor, specialist, or be taken to the emergency room of a local hospital. In case of an accident, such as a fall, you will be taken to the nearest emergency facility to determine the extent of the injury. Following every unusual or significant medical issue, the Shnat Netzer director will inform your *snif* and your parents or guardians if you are not yet 18; if you are over 18, you must give permission to do so by you.

Often, you will feel the need to call a parent before telling a staff member that you are not feeling well. We strongly encourage you to speak with the local staff in Israel about your situation first. As partners in the program, your snif will be notified in the event of illness that is beyond the typical, day-to-day medical situations. Please keep in mind that slight stomach upsets and/or colds are common as you become accustomed to a new environment and changes in food and water. They are usually of short duration and should not cause alarm. Netzer takes all health and safety precautions necessary to ensure your wellbeing.

MENTAL HEALTH AND WELLBEING

During Shnat Netzer, our staff – whether they are a volunteer coordinator or a guide on a trip are available for you to talk to about any issues that you'd like to address. Our staff members support the Director of the program in overall management of the group. Should they be required, psychologists and social workers are available for you to meet with, at your own expense.

Please remember that your security and wellbeing are of utmost important to us. We will do everything in our power to ensure your safety, well-being and health. Our aim is to ensure that Shnat meets the needs of all its participants, including physical, mental and emotional issues. Shnat Netzer is working closely in partnership with a licensed mental health therapist, specializing in working with English speaking teenagers and young adults.

We have been working closely with a licensed mental health therapist for the past few years as a consultant regarding mental health issues. The licensed mental health therapist created Shnat Netzer's Mental Health Manual that includes protocols to deal with crises, before the program starts, she consults the staff on emotional issues listed in files of applicant, conducts staff training prior to arrival, runs a workshop regarding mental health on Shant Netzer for participants upon their arrival and additional workshops when needed, holds in-person meetings with participants during the program. The Shnat director works closely with the licensed mental health therapist to ensure that our participants' mental health is being cared for, and that our staff are properly prepared to deal with the realities of young adults.

Part of our job as staff members on Shnat Netzer is to provide emotional support for our participants while they are far away from home and dealing with the challenges of being in Israel. The Shnat Netzer program is not a therapy program, and does not provide clinical treatment. In other words, some participants will come presenting with their issues and will return home, presenting with those issues. The staff are not trained mental health professionals but are there to help a participant when and if they show signs of an escalating emotional issue as first-responders. If a participant stops functioning at any level, s/he will be referred to the licensed mental health therapist. With that being said, withal participants in this program learn more about themselves and are in an atmosphere where they will be motivated to grow.

For any applicant that meets the following criteria: Mental health diagnosis; Psychotropic medications (including supplements, i.e., melatonin); Currently in therapy; Previously in therapy; Past psychiatric hospitalizations; Non-traditional family structure; Death in family; Current illness of caretaker/parent/sibling; Participant newly identified as LGBTQ; Any trauma or other significant information not included in the above categories, the Shnat director will send a letter to the parents requesting further information about each relevant criterion. Moreover, the applicants who are currently or have previously been in therapy, have a mental health diagnosis or are taking psychotropic medication must request written information from the applicant's mental health provider about their current condition. In turn, the mental health provider must

send the Shnat Netzer director a letter to include information about the participant's treatment and explicit permission that s/he is able to partake in Shnat Netzer. The letter will include the therapist's suggestions of what could help the participant succeed on the program. Upon review of the completed file, the licensed mental health therapist will assess if further information is necessary. If so, the licensed mental health therapist is responsible to follow up with parents and/or mental health professionals either by email or phone.

All participants must sign Shnat Netzer Mental Health Medical agreement that is regulating insurance, responsibilities and costs and sharing Information about the participant's mental health. Based on all the information above, and together with the licensed mental health therapist, if needed, specific participants will have an individual agreement that will define the conditions of acceptance to the program and must be signed by them and their parents prior to arrival.

RULES AND REGULATIONS

When you applied for Shnat Netzer, you signed and agreed to the program's rules and regulations, including codes of conduct, security, appropriate behaviour and details on offences which could result in your being sent home from the program at your own expense. These apply for the entire duration of the program, including holiday periods. At the start of Shnat Netzer in Israel, we will review all the rules and regulations thoroughly again.

SECURITY

Shnat Netzer is under the security supervision of Masa Israel Journey with the Jewish Agency for Israel, and as such, is fully integrated into the security framework and provisions of the Jewish Agency. This means that we receive security directives directly from the Jewish Agency's Security Department and change the program as advised.

TRAVEL LIMITATIONS

Unless part of an organised trip during the program, you must receive special permission if you wish to travel over the Green Line or to another country. This means there is no travel into the West Bank without the permission of Netzer staff, and related program organizer, and signing off the program. There is absolutely no possibility of travel to the Gaza Strip for non-Palestinians at this time. Failure to inform Shnat Netzer and the specific program organizer of any such travel will result in your being asked to leave the program.

FREE WEEKENDS

The nature of free time will be based on the directives of the Jewish Agency Security Department. Directives from the Security Department are applied by Netzer staff and depend on the location of the group at that time and number of participants in the group. You have most weekends free and you must inform the staff of your whereabouts **and keep your cell phones on you at all times**. All travel destinations, routes and methods of travel, must be checked with Netzer staff to see that they comply with current security guidelines

SECURITY PROCEDURES

If a security incident occurs during free time, you will need to follow the procedure. You will be given a phone number to call in order to check in regarding your safety and status. Immediate advice will then be made available to all participants about what to do, and the safest way to return to your base. Netzer Olami in Israel is in constant contact with the different Netzer branches. Should an incident occur during free time (or any other time), the Shnat Director will contact each branch with an update that all of you are accounted for and safe. This information is then passed on to your parents and guardians through Netzer branches.

HIKES AND TRIPS

During the program there are many seminars, hikes and trips. Such activities must receive permission from the security department of the Jewish Agency before being allowed to proceed. We will be instructed if a medic or security personnel needs to accompany the trip where advised to do so.

PROGRAM MODIFICATIONS

Netzer Olami reserves the right to make changes to the program in accordance with new security directives of the Jewish Agency to ensure participants' safety and security.

FLIGHTS, ACCOMODATIONS, AND MORE

FLIGHTS

Program price does not cover the cost of your flight. All flight arrangements from the UK, South Africa and Germany are arranged through your local branch of Netzer. If you're coming from another country, please contact Shnat Netzer staff for guidance (Shnat@wupj.org.il). You need to arrive in Israel the day before the program starts and will be picked up from the airport. Participants who arrive in Israel earlier will have to make their own arrangements from the airport and be present at the first official day of the program.

ACCOMODATIONS

Throughout the program, you will be living with other people, and most probably will share your room with at least two more people (usually more). You will be in charge of cleaning your residence weekly, together with your peers. During different parts of the program, you will also be required to buy your own food and cook for yourself (with a budget provided by Netzer).

FOOD

Eating in Israel is a gastronomic adventure. Please be sure to inform both Shnat staff of any food allergies, restrictions or other food-related requests. If you have food allergies such as lactose intolerance, celiac disease, etc., we will do our best to accommodate your dietary needs, though we may not be able to cover extra food expenses out of the regular budget (i.e. specialty products).

JEWISH PRACTICE

As a Progressive Jewish program, Jewish practice is incorporated into daily life through spiritual development, rituals and social action projects. Prayer (tefilla) is a gateway to spiritual growth and as such there are tefilla experiences throughout the week. Services are usually peer-led and serve as an opportunity for you to take initiative and be creative. Grace after meals (Birkat Hamazon) is recited after meals during seminars, tiyulim and Shabbat b'yachad; shnattim are also encouraged to continue the practice during their own communal meals. Shabbat services at various Jerusalem synagogues allow you to experience the unique Shabbat atmosphere in Jerusalem, and other cities and kibbutzim across the country. Many Jewish holidays and festivals are also celebrated together or with host families.



HOLIDAYS (CHOFESH)

During the program, the group will have *chofesh* periods and will be free to travel within the security restrictions in place at that time. The same applies to the many free weekends during the program. Shnattim will need to leave contact details with the Shnat Netzer staff before they leave on *chofesh* or for a free weekend so that we know where you all are in case of emergency.

Please note that during *chofesh* periods, you are responsible for your own arrangements in terms of budget, food, transportation, etc. We will have accommodations on offer.

AN IMPORTANT NOTE REGARDING TRAVELING ABROAD DURING THE PROGRAM:

In general, we prefer that shnattim *do not* travel abroad during the program. Experience has demonstrated that this has a disruptive impact on both those travelling and on the rest of the group. We realize that circumstances may occur that might demand that you travel abroad in the middle of the program. In the event that you decide to go overseas, both your parents or guardians and you need to officially sign off of Shnat program, stating that Netzer is no longer responsible for you during the time that you are away. You should be aware that when leaving Israel during Shnat Netzer, you are no longer covered by our medical insurance.

FAMILY AND FRIENDS' VISITS

We are delighted that parents and family often wish to come to Israel and we try to help in any way we can. It is important however, that family and friends plan and coordinate their trips so as to cause minimum disturbance to the program and to you. The following guidelines should be taken into account when a visit is being planned:

The best time to arrange a visit is during the major *chofesh* period in the program, as you will be able to spend the maximum amount of time with your family and friends.

Family and friends should make every effort not to come to Israel when seminars, *tiyulim* or Shabbat B'yachad are planned. All are integral parts of the educational program and are designed to serve as some of the highlights of the program.

We know and understand that sometimes it is not possible for your family and friends to visit during the preestablished vacation periods. If this is the case, we ask that your guests please check with us the dates they wish to visit *before purchasing their tickets*, in order to make sure that there is nothing planned during that period. Although we do our best to send the program schedule in advance, it is a very dynamic program and is subject to change.



COMMUNICATIONS

COMMUNICATION WITH NETZER

Throughout the program, parents will receive regular updates from the Shnat Netzer director. These updates will include important information, details about what the group is up to, reports by different Shnattim and photos of the group. You can check out the Shnat Netzer blog for previous years updates at - https://www.shnatnetzer.org.il/blog.

If parents have any questions or comments during the program, they should be addressed to the Shnat Netzer Director (Orit) or if you are part of a Netzer branch, to your local Netzer branch who will in turn discuss the matter with Shnat staff in Israel.

In case of an emergency, Shnat and Netzer Olami staff can be contacted 24 hours a day and will immediately respond in the appropriate manner.

MAIL / POST

Throughout the program we advise family and friends to send letters and packages directly to the Netzer offices at Beit Shmuel in Jerusalem. Program staff program will distribute all received letters and packages to you at the earliest possible opportunity. By sending mail to Beit Shmuel, we can better track whether something has arrived or not and make sure that it is safe until it can be picked up by you or distributed by us.

Please address mail as follows:

Name of Participant
Netzer Olami - Shnat Netzer
Beit Shmuel
6 Eliyahu Shama St.
Jerusalem 9410806
Israel

A NOTE FOR PARENTS: Every package is opened by customs. If the item can be purchased in Israel, Israeli customs can, and most often will, charge a high import duty which your child will have to pay in order to release the item(s). Netzer Olami cannot cover those costs. Handling and storage fees are very frequently and arbitrarily assessed. The Netzer staff is happy to assist you with shopping.

EMAIL

Email is of course the easiest and cheapest way to communicate with Shnattim. Shnattim **MUST** have a valid email address for security reasons and for other communications with program staff. While we cannot promise you will have free and easy access to email throughout the entire program, you will have access in most places you are situated during the program. If you wish to bring a laptop, there is WIFI access in Beit Shmuel and in many cafes in Israel. You should take steps to insure your computer for theft and damage. Netzer Olami cannot take responsibility for damage or loss to personal belongings.

CELL PHONES

All Shnattim must have a mobile phone while in Israel for security reasons. It is the best and fastest way for Shnat staff and parents to be in contact with you. Each shnattie must have an active Israeli SIM card upon arrival to Israel and no later than one day after the program starts.

IMPORTANT NUMBERS

Please be aware of the time difference when calling Israel. In the event of an emergency please call as soon as possible.

Shnat Netzer in Israel

Orit Shoshani, Director of Shnat Netzer Shnat@wupj.org.il

Office: Cell Phone (In emergency ONLY): From the overseas: 00 972 2 620 3520 From overseas: 00 972 54 458 4711

Within Israel: 02 620 3520 Within Israel: 054 458 4711

FOR MORE INFORMATION & TO APPLY

Shnat@wupj.org.il www.ShnatNetzer.org.il

> הַנַּח לְרַגְלֵי לָלֶכֶת לַמְּקוֹם שֶׁלְבִּי אוֹהֵב פְּתָח לִבִּי לְאֶהֹב אֶת הַמָּקוֹם אֵלִיו רַגְלָי הוֹלְכוֹת

Let my legs walk

To the place

That my heart loves

And open my heart

To the place

My legs are walking towards

